

# Ken K. Lee, M.D., P.C.



1414 NW Northrup, Ste 600  
Portland, Oregon 97209  
**ph:** 503 445-2136  
[www.portlanddermclinic.com](http://www.portlanddermclinic.com)

## PREPARING FOR SURGERY

Most patients are scheduled directly for Mohs or excision surgery without a preoperative visit. A consultation will be done on the day of the procedure. It is important that you read this page carefully and fill out the Patient Health Questionnaire, available on our website at [www.portlanddermclinic.com/surgery](http://www.portlanddermclinic.com/surgery).

The website contains more information about Mohs surgery and excisional surgery. We strongly recommend that you read it. If you would like to see Dr. Lee in consultation prior to the surgery date, we will gladly schedule an appointment upon request.

The surgery is performed under local anesthesia. We suggest that you eat a normal breakfast or lunch, unless otherwise specified. Please bathe or shower and wash your hair to minimize your risk of a surgical site infection. It is recommended you do not travel or plan to participate in athletic activities for 7-10 days following surgery, please plan accordingly.

**It is important that you do NOT take any anti-anxiety medicines, narcotic pain medicines or similar types of medicines on the day of the surgery.** If needed, we will provide you with an anti-anxiety medicine once you have signed the consent form. For Mohs surgery, you will be here for several hours, so bring a book, magazine, or laptop. For excisions, you will be here for approximately 1 hour. We recommend that you have someone accompany you to give you a ride home. This is a requirement if you receive anti-anxiety medicines.

**It is essential that you are able to positively identify the biopsy site on which surgery will be performed.** If you cannot, please let us know ahead of time. You may need to go to your referring physician to have the site marked.

Many patients are on blood thinning medications that are prescribed by their physicians. We do not recommend stopping them without explicit permission from the prescribing physician. For those on Coumadin/Warfarin, please make sure that your INR is in the therapeutic range. Please stop taking any aspirin or anti-inflammatory medicines (like ibuprofen, Advil, Motrin, Naprosyn, Anacin and Bufferin), alcohol, vitamin E, ginko biloba and garlic pills at least one week before your surgery. They can increase your risk of bleeding during surgery. **If your physician recommends aspirin please do not discontinue without permission.**

If your referring physician did not make the surgery appointment for you, please call our office at 503-445-2136. Please have the name and number of the referring physician along with your insurance card ready, when you call. We are happy to address any other questions you may have at that time as well.

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**Portland Dermatology Clinic, LLP is located in the Machine Works Building, look for the building with the big red stripe! Parking is available on the 5th floor in the parking garage. Enter building's parking garage on 15th and Northrup (between Northrup and Marshall).**

## DRIVING DIRECTIONS

### From the North via I-5:

Take Exit 302A toward city center.  
Turn slight right onto Broadway.  
N. Broadway becomes Broadway Bridge.  
Turn right onto NW Lovejoy St.  
Take 2nd right onto NW 10th Ave.  
Take 2nd left onto NW Northrup St.  
1414 NW Northrup St. is on the left.  
Turn left on 15th, then left into parking garage.  
Park on the **5th** floor and take the elevator up to the clinic on the **6th** floor.

### From the East via I-84

Merge onto I-5 N/US-30W toward Seattle.  
Take Exit 302A toward  
Rose Quarter/Broadway-Weidler St.  
Off ramp becomes NE Victoria Ave., continue straight  
Turn left onto NE Broadway  
NE Broadway becomes Broadway Bridge.  
Turn right onto NW Lovejoy St.  
Take 2nd right onto NW 10th Ave.  
Take 2nd left onto NW Northrup St.  
1414 NW Northrup St. is on the left.  
Turn left on 15th, then left into parking garage.  
Park on the **5th** floor and take the elevator up to the clinic on the **6th** floor.

### From the West via Hwy 26

Merge onto I-405 via exit on the left towards  
St. Helens/Seattle  
Take Exit 2B - Everett St.  
Follow the rest of the directions from the  
South via I-5



### From the South via I-5:

Merge onto I-405 N via Exit 299B on the left,  
toward US-26 W/City Center/Beaverton.  
Take Exit 2B toward Everett St.  
This exit turns into NW 14th Ave.  
Take left onto NW Northrup St.  
1414 NW Northrup St. is on the left  
Turn left on 15th, turn left into parking garage.  
Park on the **5th** floor and take the elevator  
up to the clinic on the **6th** floor.

### From the West via Hwy 30 (St. Helens):

Take Hwy 30 towards SE Santosh St.  
Keep right at the fork, follow signs for  
I-405 S/US 26/ Salem and merge onto I-405 S  
Take Exit 2B towards Everett St.  
Merge onto NW 16th Ave.  
Turn left onto NW Everett St.  
Take the 2nd left onto NW 14th.  
Take left onto NW Northrup St.  
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